

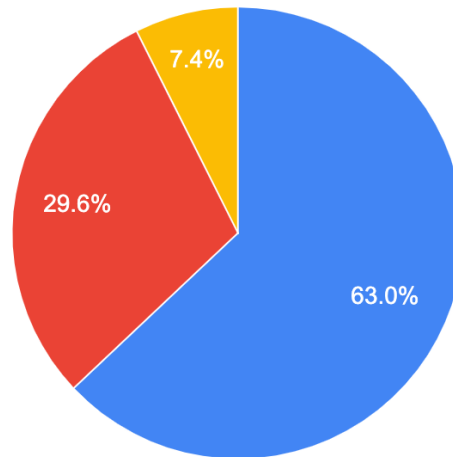
## Term 2 2021, Menu Survey for Parents – Responses

You can find the current NTOOSHC menu on the website in the 'About Us' section, or follow this link: <http://www.ntooshc.com.au/our-menu/>.

You can provide us with feedback at any time either in person or via email.

### Have you viewed the NTOOSHC Menu before?

● Yes ● I didn't know I could view the menu ● No

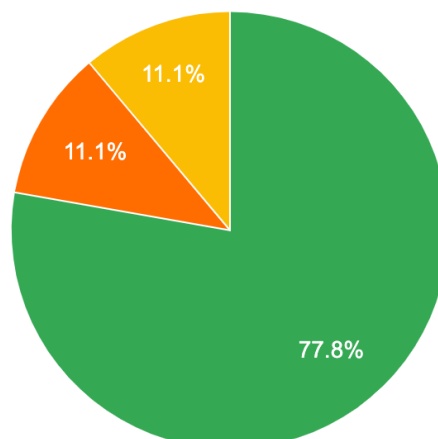


### Summary of responses after looking at our current menu:

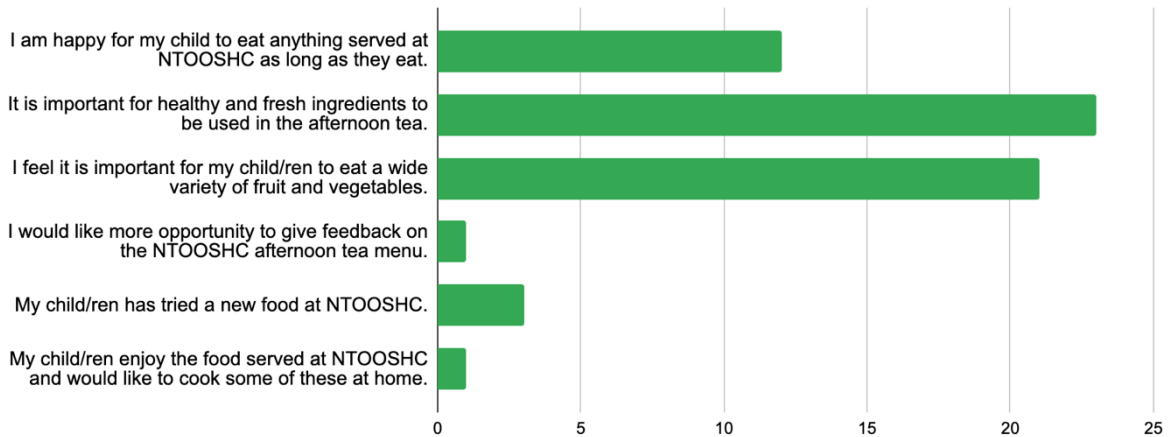
- There should be additional food on big fruit platter days such as pikelets, or cheese and crackers
- There are healthy options
- There is a good variety of options
- There could be less of the foods with nitrates i.e. cabanossi and twiggy stick
- Feeling ok with the menu

### I would prefer my child/ren to:

● Be able to eat as much or as little as they would like. ● Only eat a snack sized portion for afternoon tea. ● Eat a full meal sized portion for afternoon tea.

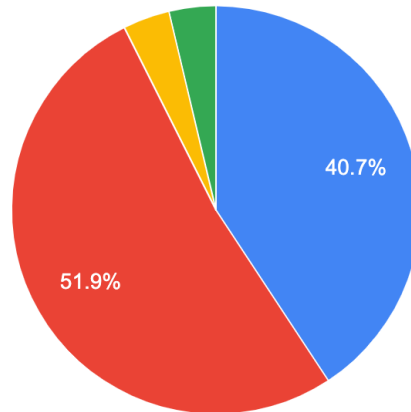


### Which statements are true for your families:



### Do you think late snack (after 5pm) should be served at NTOOSHC?

- Yes - fruit and/or a small snack eg: Crackers
- Yes - fruit/veggies only
- Leftovers from afternoon tea
- No



### Suggestion of foods that could be added to the menu:

- | Savoury  |
|--|
| <ul style="list-style-type: none"> <li>• Mini sausage rolls (with hidden vegetables)</li> <li>• Mac'n'cheese</li> <li>• Spaghetti bolognese or any pasta and meat sauce</li> <li>• Veggie pizza</li> <li>• Aldi sweet potato frozen fries</li> <li>• Noodles with tofu sauce</li> <li>• Frozen Chinese dumplings</li> <li>• Sushi</li> <li>• Multi-grain toast &amp; spread, crumpets</li> <li>• Veg and hummus</li> <li>• Pizza scrolls</li> <li>• Fried rice</li> <li>• Toasted wraps</li> <li>• Fish fingers</li> <li>• Nachos, tacos</li> <li>• Savoury type veggie muffins</li> </ul> |

- | Sweet  |
|--|
| <ul style="list-style-type: none"> <li>• Popcorn</li> <li>• Bliss balls (dates, oats, coconut and coco powder)</li> <li>• Fruit muffins</li> <li>• Low sugar hot chocolates on the really cold days</li> <li>• Pikelets</li> </ul> |