



# Menu A

(This particular menu is relevant during the warmer school terms, generally 1 & 4)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Big Fruit Platters	Potato Gems + Mixed Platters	Turkey Meatballs + Mixed Platters	Mexican Salad Bowls	Garlic Bread + Mixed Platters
2	Flat Bread & Dips + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Pasta with Beef Bolognese	Mini Quiches + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
3	Vegetarian Spring-Rolls + Mixed Platters	Butter Chicken + Mixed Platters	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Turkey Meatballs + Mixed Platters	Veg Nacho's + Mixed Platters
4	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Mini Quiches + Mixed Platters	Flat Bread & Dips + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Potato Gems + Mixed Platters
5	Vegetarian Spring-Rolls + Mixed Platters	Mexican Salad Bowls	Pasta with Beef Bolognese	DIY Wraps + Mixed Platters	Mini Quiches + Mixed Platters
6	Big Fruit Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Pizza Scrolls + Mixed Platters	Potato Gems + Mixed Platters	Veg Nacho's + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Turkey Meatballs + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Variety of Sandwiches + Mixed Platters	Garlic Bread + Mixed Platters
8	Vegetarian Spring-Rolls + Mixed Platters	Mexican Salad Bowls	Big Fruit Platters	Mexican Salad Bowls	Potato Gems + Mixed Platters
9	Variety of Sandwiches + Mixed Platters	Mini Quiches + Mixed Platters	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	DIY Wraps + Mixed Platters	Flat Bread & Dips + Mixed Platters
10	Big Fruit Platters	Butter Chicken + Mixed Platters	Variety of Sandwiches + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Veg Nacho's + Mixed Platters
11	Garlic Bread + Mixed Platters	Mexican Salad Bowls	Mini Quiches + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Potato Gems + Mixed Platters



# Menu B

(This particular menu is relevant during the cooler school terms, generally 2 & 3)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic Bread + Mixed Platters	Mexican Salad Bowls	Tuna or Cheese Pasta Bake + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Chicken Noodle Soup	Big Fruit Platters	Variety of Sandwiches + Mixed Platters	DIY Wraps + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
3	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Butter Chicken + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Turkey & Quinoa meatballs + mixed Platters	Mini Quiches + Mixed Platters
4	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Veg Nacho's + Mixed Platters	Toasties + Mixed Platters	Potato Gems + Mixed Platters	Big Fruit Platters
5	Vegetarian Spring-Rolls + Mixed Platters	Chicken Noodle Soup	Mexican Salad Bowls	Pasta with Beef Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters
6	Variety of Sandwiches + Mixed Platters	Big Fruit Platters	Butter Chicken + Mixed Platters	Turkey & Quinoa meatballs + mixed Platters	Garlic Bread + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Butter Chicken + Mixed Platters	Flat Bread & Dips + Mixed Platters	Mexican Salad Bowls	Chicken/ Vegetarian Nuggets + Mixed Platters
8	Veg Nacho's + Mixed Platters	Turkey & Quinoa meatballs + mixed Platters	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Mini Quiches + Mixed Platters	Pizza Scrolls + Mixed Platters
9	Big Fruit Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Veg Nacho's + Mixed Platters	Butter Chicken + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
10	Potato Gems + Mixed Platters	Mini Quiches + Mixed Platters	Toasties + Mixed Platters	DIY Wraps + Mixed Platters	Flat Bread & Dips + Mixed Platters
11	Garlic Bread + Mixed Platters	Pasta with Beef Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters	Mexican Salad Bowls	Mini Quiches + Mixed Platters